








SENIOR CARE AND SENIOR RIGHTS

 <p>Asian Americans for Community Involvement (AACI) Senior Center www.aaci.org (408) 975-2730 Culturally proficient advocacy, services and programs addressing community, health, recovery, and shelter, needs of seniors. Chinese, Vietnamese and other Asian languages.</p>	 <p>AARP Social Connectedness Digital resources for seniors, voice-assisted search for local services, neighborhood resources https://connect2affect.org/</p>
 <p>Bill Wilson Center, The Centre for Living with Dying program provides emotional support to adults and children facing life-threatening illness or the trauma of having a loved one die. The Centre also provides crisis intervention services and broad-based educational programs on grief and loss. Other services: community education Crisis Line: (408) 850-6125 https://www.billwilsoncenter.org/services/all/living.html</p>	 <p>County of Santa Clara In-Home Supportive Services https://www.sccgov.org/sites/ssa/daas/ihs/Pages/ihs.aspx 353 West Julian Street San Jose, CA 95110 (408) 792-1600 Assistance is provided to those eligible aged, blind, and disabled individuals who, without this care, would be unable to remain safely in their own homes.</p>
 <p>County of Santa Clara Senior Nutrition Program The Senior Nutrition Program provides high quality, cost efficient, nutritious meals to seniors and promotes the role of nutrition in preventative health and long term care. Meal locations and Meals on Wheels. https://www.sccgov.org/sites/ssa/daas/snp/Pages/contact.aspx 408-975-4860</p>	 <p>County of Santa Clara Adult Protective Services Adult Protective Services is mandated by the State of California, Welfare and Institutions code to receive and investigate reports of abuse or neglect regarding elders (anyone age 65 or older) or dependent adults (ages 18 to 64 who because of mental or physical disability are unable to protect themselves and advocate on their own behalf). Adult Protective Services is available to respond to urgent situations 24 hours a day, 7 days a week.</p>
 <p>Catholic Charities Santa Clara County Eastside Neighborhood Center 2150 Alum Rock Ave San Jose, CA 95116 (408) 251-0215 Educational, recreational, wellness, nutritional, and social services. English, Spanish, Tagalog https://www.catholiccharitiesscc.org/eastside-neighborhood-center</p>	 <p>Catholic Charities Santa Clara County John XXIII Multi Service Center Social services, wellness and health, senior education, and senior nutrition for people age 60 and over. Bilingual assistance is available in English, Vietnamese, Mandarin, Cantonese, and Spanish. 195 East San Fernando Street, San Jose, CA 95112 (408) 468-0100 https://www.catholiccharitiesscc.org/john-xxiii-multi-service-center</p>
 <p>2-1-1 Santa Clara County www.211scc.org Dialing code for free, non-emergency, community, health and disaster information in Santa Clara County.</p>	 <p>Ethiopian Community Services 1295 Johnson Avenue San Jose, CA 95129 408-297-7638 info@ecssanjos.org http://www.ecssanjos.org/contact-us Senior Programs: •Health •Cultural Proficiency •Information & Resources •Education •Immigration •History & Culture •Advocacy</p>

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 <p>Eritrean Community Center 1998 Homestead Rd. Suit 115. Santa Clara, CA 95050 http://www.eritreancommunity.org/ (408) 900-9457 info@eritreancommunity.org</p> <p>Programs: senior seminars on aging, adult community education, advanced Tigrinya language, immigration issues, computer classes and job training resources</p>	 <p>Jewish Family Services 14855 Oka Road, Suite 202, Los Gatos, CA 95032 (408) 556-0600 jfs@jfsfv.org avitala@jfsfv.org https://www.jfsfv.org/aging-with-dignity-services.html</p> <p>Aging with Dignity Program: Assessment and care planning to ensure a safe, yet independent lifestyle Family consultation service to help with aging family members Caregiver support Friendly visitors Kosher food for Jewish holidays</p>
 <p>KACS <small>살리콘밸리 한미봉사회</small> KOREAN AMERICAN COMMUNITY SERVICES</p> <p>Senior wellness program, ESL classes, senior nutrition program, transportation 1800-B Fruitdale Ave., San Jose, CA 95128 (408) 920-9733/4 info.kacssv@gmail.com https://www.kacssv.org/ M-F 9:00 AM - 5:00 PM Korean</p>	 <p>Live Oak Senior Day Care Centers Live Oak Adult Day Services has 4 full-time adult day care centers for seniors residing in Santa Clara County. http://liveoakaduldaycare.org/ (408) 971-9363 Materials translated in multiple languages.</p>
 <p>ON LOK Lifeways PACE Program A comprehensive health plan that provides long-term care and housing for eligible seniors living in San Francisco, Fremont, Newark, Union City or Santa Clara County. The program offers full medical care and support services with the goal of helping seniors live at home and in the community for as long as possible. (415) 292-8888; (415) 292-8898 (for the hearing impaired) https://www.onlok.org/contact/</p>	 <p>Phlex65 PHLEX65's goal is to create a supportive system for individuals 60+ years and/or their families and to be a force for progressive change in creating an engaged community that will use the PHLEX65 app on the smartphone or Android and iOS (Apple) devices to locate and hire professional home care aides. https://phlex65.com/about/</p>
 <p>PARS EQUALITY CENTER http://www.parsequalitycenter.org/sj-center 1635 The Alameda, San Jose, CA 95126 (408) 261-6401</p> <p>The silver club was designed to reach the Persian speaking Immigrants ages 55 and wiser who live in isolation and disconnect due to language, cultural, and financial barriers</p>	 <p>Portuguese Organization for Social Services & Opportunities POSSO Social, recreational, cultural and educational activities as well as mobilizing support for other community programs; Escort Program, Club 60, nutritional programs, wellness programs, active life, walk with ease, tax assistance 1115 East Santa Clara Street San Jose, California 95116 (408) 293-0877 https://www.portuguesececenter.org/senior-programs/</p>
 <p>SALA Senior Adults Legal Assistance</p> <p>SALA is a non-profit elder law office whose mission is to support older persons in their efforts to live safely, independently, non-institutionalized, and with dignity. Appointments and home visits. Urgent matters: elder abuse, termination of public benefits, Sheriff's evictions.</p> <p>1425 Koll Circle, Suite 109 San Jose, CA 95112 (408) 295-5991 http://s393914827.initial-website.com/</p>	 <p>svhap Silicon Valley Healthy Aging Partnership http://www.svhap.org/other-programs/senior-centers/</p> <p>Silicon Valley Healthy Aging Partnership svhealthyagingpartnership@gmail.com</p> <p>Senior Services Resource Library http://www.svhap.org/other-programs/downloads/</p>

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**Self-Help for
the Elderly**
安老自助處

Self-Help for the Elderly

Assistance and support to seniors in the San Francisco Bay Area. Health and home care, senior housing, employment services, social services, nutrition, home cleaning, English, leadership and computer classes.

<https://www.selfhelpelderly.org/san-jose>

South Bay Community Center 南灣康樂中心

550 East Remington Drive, Sunnyvale, CA 94087 (408) 733-1883



**Silicon Valley
Independent Living Center**
*a disability justice organization
that creates fully inclusive communities*

Silicon Valley Independent Living Center

Serves people with all types of disabilities, including seniors with disabling conditions, who live in Santa Clara County. Independent living skills training, personal care, assistive technology, I & R, community transition, housing search.

25 N. 14th St., Suite 1000, San Jose, CA, 95112 (408) 894-9041

7881 Church Street Suite C, Gilroy, CA, 95020 (408) 843-9100

info@svilc.org <https://www.svilc.org/index.php/about-us/contact-us>



Yu Ai Kai, Japanese-American Community Senior Service

Social services, social, interaction, structured activities including music, games, art, gentle exercise, wellness activities, health screening, nutritious snacks and hot lunch

588 N. 4th Street

San Jose, CA 95112, (408) 294-2505

<http://yuaikai.org/>



Vietnamese Voluntary Foundation

844-VIVO-112 844- 8486 -112

408- 532- 7755

2296 Quimby Road

San Jose, CA 95122

info@vivousa.org

<https://www.vivousa.org>

Computer training tailored to older Vietnamese Americans